



What is the best way for a Muslim to show commitment to God?



Hajj

This is a pilgrimage (a religious journey) which every adult Muslim must make at least once in their lifetime to Makkah (or Mecca) which is in Saudi Arabia.

The Five Pillars of Islam

These are the five most important duties for Muslims and how they show their commitment to Allah.

Ramadan

During Ramadan, most Muslims fast by not eating or drinking anything during daylight hours. Small children, old people, pregnant women and people with illnesses are excused. After sunset, Muslims break their fast with prayer and festive meals called *iftar*. Ramadan usually lasts for 30 days.

The Shahadah

The belief that there is no God but Allah and that Muhammad is his messenger.

Salah

Praying five times a day.

Zakat

Making an annual charitable donation to help the poor.

Sawm

Fasting during the month of Ramadan.

Hajj

Attending the pilgrimage to Makkah once in your lifetime.