SCHOOL MENU



Weeks commencing: 4th Sept 23, 25th Sept 23, 16th Oct 23, 30th Oct 23, 20th Nov 23, 11th Dec 23, 8th Jan 24, 29th Jan 24, 26th Feb 24, 18th March 24, 15th April 24, 6th May 24, 3rd June 24, 24th June 24, 15th July 24

MONDAY



TUESDAY



Beef meatballs or Quorn style vegan meatballs

with pasta in tomato sauce or in a sub roll and served with vegetables

Jacket Potato

with chilli or tuna mayonnaise and salad

Chocolate orange muffin

Southern fried Quorn burger in a bun

with potato balls & baked beans

Tacos with vege mince

with boiled rice and vegetables

Cheese toastie

with salad accompaniments

Toffee apple crumble

served with ice cream

WEDNESDAY



Roast chicken or Quorn fillet

with Yorkshire pudding, roast potatoes and seasonal vegetables

Ham or tuna mayonnaise sandwich

with salad accompaniments

Jam Love cake

served with custard

Sunderland City Council

THURSDAY



Savoury mince pie / Vege mince pie

with gravy, creamed potatoes & vegetables

Jacket potato

with grated cheese or cheese & baked beans & salad

Fresh fruit jelly

served with cream

Tempura battered cod fish fillet

served with chips and peas

Quorn fried rice served with chips & vegetables

Toasted cheese & ham Panini

with salad accompaniments

Ginger biscuit



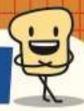
SCHOOL MENU

WEEK TWO Weeks commencing: 11th Sept 23, 2nd Oct 23, 6th Nov 23, 27th Nov 23, 15th Jan 24, 5th Feb 24, 4th March 24, 25th March 24, 22nd April 24, 13th May 24, 10th June 24, 2nd July 24

MONDAY



TUESDAY



Pork sausages OR Quorn sausages

with Yorkshire pudding, creamed potatoes, gravy and vegetables

Ham or turkey sandwich with salad accompaniments

Chocolate muffin

Bonta Italia pasta in tomato sauce

served with garlic slice & vegetables / salad

Savoury cheese pasty

with baby new potatoes & vegetables

Jacket potato

with grated cheese / melted chese and salad accompaniments

Steamed syrup sponge

with custard

WEDNESDAY



Chicken curry

with rice, naan bread and vegetables

Vegan beef curry

with rice, naan bread and vegetables

Jacket potato

with grated cheese or chicken curry & salad accompaniments

Rice pudding

served with mini cookie

Sunderland City Council

THURSDAY



Savoury mince / Vege mince

served with crispy dumpling, roast potatoes and vegetables

Cheese or tuna & cucumber sandwich

with salad accompaniments

Iced sponge

Cod fish fingers

served with chips and baked beans

Chicken mayo wrap

with salad accompaniments

Krispy crunch biscuit



SCHOOL MENU



Weeks commencing: 18th Sept 23, 9th Oct 23, 13th Nov 23, 4th Dec 23, 22nd Jan 24, 12th Feb 24, 11th March 24, 29th April 24, 20th May 24, 17th June 24, 8th July 24

MONDAY

TUESDAY

E

Margherita pizza

with jacket wedges & vegetables / salad

FREE Bolog

Beef lasagne OR Spaghetti Bolognese OR Quorn Bolognese

with herby bread or potato waffles and salad / vegetables

Tuna pasta

with jacket wedges & vegetables

Toasted ham or cheese sandwich

with salad accompaniments

Cheese salad or egg sandwich

with salad accompaniments

Moist ginger cake

served with custard

Melon & grapes

served with an ice cream pot

THURSDAY

/ Roast Quorn fillet



WEDNESDAY

Sour chicken

Sweet & Sour chicken / Quorn

with rice and vegetables

Ham or beef sandwich

Roast of the day (pork or beef)

with Yorkshire pudding, roast potatoes,

with salad accompaniments

With floo and vegetables

Bacon & egg wrap
With salad accompaniments

Victoria sponge

gravy and vegetables

Fruit flapjack

served with custard

Seaside style salmon Fillet or fishfingers

served with chips and peas

Quorn dippers

Served with chips and peas

Jacket potato

with grated cheese or ham & salad accompaniments

Waffle



